



Chateauguy

Community Learning Concepts

Fall
2016

Providing educational, socio-cultural, sports and family activities for all
Strong Families. Strong Community

Centennial Park School | Harmony Elementary Mary Gardner School
St. Willibrord School | Howard S. Billings High School | Nova Career Centre

clc.nfsb.qc.ca





Contact **Anthony** for more information about anything in this brochure.

450 691-1440 ext 220
aspadaccino@nfsb.qc.ca

Community Learning Concepts (CLCs)

are community schools that bring together various stakeholders in partnerships for youth development, lifelong learning, community engagement, family support and community health and safety.

Serving Chateauguay and the surrounding area, the Chateauguay CLC offers educational, social, recreational and family activities.

Community Wednesdays are the hit of the town!

“Community Wednesdays” bring together local community groups, government organizations, and partners working together to offer a FREE community trade show.

Learn about local services and organizations that are here for you and your family. Bilingual representatives will be on-site to answer your questions.

Drop in any time between 4:00
and 7:00 pm on the mentioned
Wednesdays to find out more.
Everyone is welcome!

**Free babysitting & a
\$2 spaghetti dinner!**

A decorative arrangement of several maple leaves in various shades of gray, scattered across the page. Some are large and detailed, while others are smaller and simpler. They are positioned around the central text and at the bottom right of the page.

Coming up....

November 2
Mary Gardner School

December 7
St. Willibrord School

Re-Nou-Vie

Re-Nou-Vie is a help centre offering support to women considering separation or divorce. Come by and enjoy a cup of coffee, all while meeting our wonderful team of workers who will be happy to help you find answers to your questions. www.renouvie.com

Also offered:

Mères-Amies...

You really love your children, though life is not always easy. You often lose patience with them. You often feel overwhelmed by the event of everyday life. You feel alone in the struggle... The Meres-Amies program is for you. Free and confidential parental coaching for all parents of children aged 0-12 years old. Call Diane Sirianni for more information at (450)692-9805 ext. 222 or email: dsirianni@videotron.ca

Camp des Jeunes...

You are a single mother; you have kids aged 4-12 years old. You have little or no respite. You would like time for yourself. You're tired, exhausted, overwhelmed. Re-Nou-Vie can offer you Camp des Jeunes. Registrations are mandatory because spaces are limited. The price is \$2 for a child and \$5 for two or more children. Selection is based on criteria that consider the need for respite for the mother. Call Annie Lavoie for more information or to register at (450)692-9805 ext. 225 or email: a.lavoie.renouvie@videotron.ca



New Frontiers School Board
Habitat for Humanity House
Ormstown, Québec

The "Our House" Project

The partners involved in this first-ever project in Quebec are the New Frontiers School Board/Chateauguay Valley Career Education Centre, the Municipality of Ormstown, Habitat for Humanity Quebec, and ÉcoHabitation. The result? A semi-detached home for two families in Ormstown.

**Is your family eligible to apply?
Contact Kim Wilson at 450 288-5180**

The Good Food Box

The Good Food Box is a collective buying group that purchases fresh fruits and vegetables at wholesale prices. Anybody can buy a box. The Good Food Box program offers:

- Boxes brimming with top-quality fresh fruits and vegetables delivered to your neighborhood twice a month
- Efficient distribution network of volunteer-run community pick-up points.
- A way to get more for your money.
- Support for small farmers by buying local, in season produce.
- A way to connect with your neighborhood.

For more info: Claude Brunette 514 344-4499

Where to order in Chateauguay

Le Rencontre Chateaugoise (Wednesday)

Call 450-699-6819 to place your order or for more information



Châteauguay Basketball Association

During the 2016-2017 seasons we will offer both inter-city teams and a revamped house league. We will also provide tutoring for any CBA members who may need extra help in their studies. The CBA has been a part of the community for over 30 years. We

thrive on teaching our kids the importance of teamwork and fair play. All players and skill levels are welcome. Have never played basketball before? Great! It's time to start! We have coaches who volunteer their time to teach our house league kids the fundamentals of the game. Our Ravens Inter-City teams will be competing against teams across the Island of Montreal. For more information visit us at www.cbaravens.com or email us at [**cbaravens@hotmail.com**](mailto:cbaravens@hotmail.com) **Telephone: 438-888-9657**

Monteregie West Community Network

Life-long learning courses for adults & seniors

Your local MWCN and the CLC have partnered to offer Life-long learning opportunities. Courses are for 10 weeks

Upcoming events and courses for Fall 2016:

French Conversation

Classes begin September 26 for 10 weeks 6:30-8:30 at Nova

English Conversation

Classes begin September 28 for 10 weeks 6:30-8:30 at Nova

Basic Computer Classes

Classes begin September 28 for 6 weeks 6:30-8:30 at Nova

Computer, Excel & PowerPoint Classes

Classes begin November 9 for 4 weeks 6:30-8:30 at Nova

Creative Writing

Classes begin Sept 27 for 10 weeks 1:30-3:30 at St.Willibrord

Book Club

September 12 at St.Willibrord

Knitting

September 20 11:00-1:00 at St.Willibrord

Volunteer Appreciation and Training

October 14 from 1:30-3:30 at St.Willibrord

Health Promotion Fair

Saturday, October 29 Brossard at Centre Socioculturel from 9:00-4:00

MIND-CALM Meditation

November 14, 21, 28 and Dec 5 - 10:00 to 12:00 at St. Willibrord

Courses are held at Nova Career Centre and St.Willibrord Elementary School. To register and for exact times, dates and location please contact Pauline Wiedow 450-617-0513 or email cecn-racc@hotmail.com



WE TEACH ENGLISH DIFFERENTLY

45 rue Dupont Ouest, Châteauguay, Québec, J6J 1G1 / 450-698-0342 / cvlc.chateauguay@gmail.com

Instructors: Françoise Bravay, Elizabeth Moravec Hewa and volunteer tutors.
For more information: www.facebook/cvlc.chateauguay and www.Chateauguay-ValleyLiteracyCouncil.weebly.com

ENGLISH WORKSHOPS	Workshops start in September, 2016
<p>Tuesday: 10:00 – 11:30 a.m. <i>and / or</i> Thursday: 10:00 – 11:30 a.m.</p> <p>Age 16 yrs +</p> <ul style="list-style-type: none"> ✦ <i>We offer literacy one-on-one and group tutoring for those who speak English but who need to improve their reading and writing skills.</i> ✦ <i>We offer beginner, intermediate, and advanced level English instruction in a non-formal, friendly atmosphere where you will improve your English for everyday situations.</i> 	
READING PROJECTS	<p>We offer reading activities for all ages.</p> <ul style="list-style-type: none"> ✦ <i>We help set up reading activities in which youth read to older people for an evening of fun.</i> ✦ <i>Also, youth reading to youth to encourage reading amongst peers.</i>
ENGLISH EXIT EXAMS	<p>We help prepare high school and college students for the English exit exams.</p> <ul style="list-style-type: none"> ✦ <i>We offer one-to-one workshops reviewing grammar, spelling, and writing skills.</i>
ADULT EDUCATION	<p>We help those enrolled in or entering adult education with their English language courses.</p>



Crossroads

Through seasonal camps and after-school programs, it is our mission to provide youth with the opportunity for personal growth, increased self-esteem, and the chance to build new friendships. . . all while having fun!

Our staff includes educators who are ready to help our campers discover their abilities, and reach their full potential, all within a safe and fun environment.

Through sports, games, crafts, cultural activities and various day trips, we also incorporate reading and writing into our fun days, ensuring your child's educational development continues!

Our facilities include a gymnasium, cafeteria, movie theatre, large outdoor play area and much more.

With many years' experience organizing our camp, Crossroads has developed the expertise required to give your child a fun- filled, never-to-be-forgotten experience, making new friends and memories to last a lifetime.

For further information about upcoming camps or after-school programs, visit our website www.carrefourcrossroads.com, send us an email (crossroadscarrefour@outlook.com) or give us a call (514 833-8970). It will be our pleasure to answer any questions you may have.

Samantha & Anthony, Directors of Crossroads

Babysitting/First Aid Course

*4:00-7:00pm • AGES 11 to 14 • Bring a supper
Tuesday, Wednesday, Thursday, Nov 29, 30 & Dec 1
St. Willibrord* Minimum of 9, maximum of 12 participants

Instructor: Debbie Templeton, Certified Instructor

Contact: 450 829-2396

Cost: \$55 (includes booklet and certification card)

MONDAY

Irish Dancing

6:00-7:00pm • AGES 5 to 12

St. Willibrord Gymnasium

The Young Academy of Irish Dance offers dance classes for children aged 4 and up from beginner to Championship level. Irish dance builds self-confidence, coordination skills, balance, and most importantly, through teamwork, it builds friendships. Students will learn basic and advanced steps for solo and group dances preparing them for performance and competitions. Private lessons are also available for competitive dancers

Instructor: Janice Young - Certified AD-CRG-TCRG

Contact: youngirishdance@hotmail.com Tel: 514-588-1179

Duration: Ongoing **Cost:** \$35/month

**Weekly
Activities**

TUESDAY and/or THURSDAY

Circuit Training with Gilles Cloutier

Tuesdays: 7:45 p.m. to 9:15 p.m. • 7 weeks

Session 1: Sept 13 to Oct 25

Session 2: Nov 1 to Dec 13

Thursdays: 7:00 p.m. to 8:30 p.m. • 7 weeks

Session 1: Sept 15 to Oct 27

Session 2: Nov 3 to Dec 15

Ages 16+ Do you want to enhance your cardio and your endurance? This is the group for you! Participants will work on toning, various drills, relays, boot-camp, circuit training and much more.

Cost: \$52 one night per week

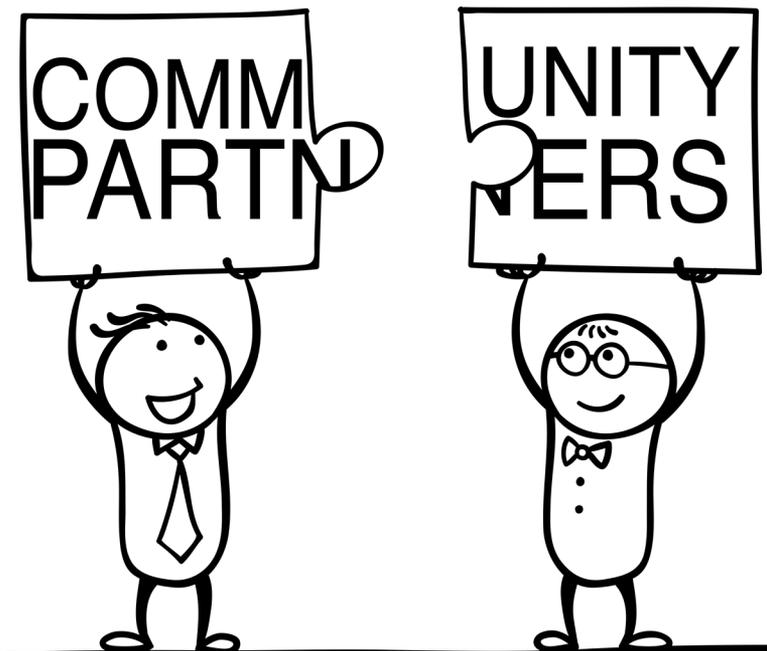
\$95 two nights per week

Contact gilles.cloutier5@videotron.ca • 514-296-5535

Facebook: Gilles Cloutier

Please contact the instructors directly for registration and payment information

Fall 2016-2017



Carrefour www.carrefourcrossroads.com (Ms. Samantha & Mr. Anthony) "Building youth from the ground up". Crossroads provides youth with seasonal camps to promote personal growth through leadership-based activities and literacy
514 833-8970

Actions Jeunes (Quebec En Forme) Promotion of healthy eating habits and physical activity for Chateauguay youth: Guy Turcotte, coordinator
guy.turcotte@bell.net
514-970-7475.

Chateauguay Community Learning Centre

MWCN – Monteregie West Community Network
"To improve the collective well-being of the English-speaking community" cecn-racc@hotmail.com www.thececn.webs.com. Contact Pauline Wiedow 450-617-0513

CVLC offers English language instruction for a variety of needs: high school, adult education, work place. Francoise and Elizabeth 450-698-0342

Parkview Preschool (St. Willibrord School) contact Shannon 450-691-4550 ext 5/450-691-4320

Miss Darla's Preschool
(Centennial Park School)
contact Darla 514 792 7278

Quebec 4-H youth ages
6–25 enjoy hands-on
learning, developing
leadership skills through
activities at club, provincial
and national levels. Projects
include food, photography,
square dancing, livestock,
and much more. Contact:
Lorelei 514-398-8738 -
office@quebec4h.com

Toastmasters International
Learn leadership skills,
be more persuasive and
confident, master public and
impromptu speaking, and
organizing your thoughts.
Contact Lise Chenier 514-
941-2159 or chenier.lise@
gmail.com

Zumba Dance 514-570-
7462 [www.rinazumbadance.
webs.com](http://www.rinazumbadance.webs.com) or [rinazumba@
yahoo.com](mailto:rinzumba@yahoo.com), facebook
rinadance

Les Riverains circuit
training, running and much
more! Gilles Cloutier 514-
296-5535 [gilles.cloutier5@
videotron.ca](mailto:gilles.cloutier5@videotron.ca), Facebook
Gilles Cloutier

CALACS- Sexual Assault
Centre serving Chateauguay,
Beauharnois, Hemmingford
and Napierville, CALACS
provides sexual assault
counseling, support
and accompaniment for
women 14 years and older.
CALACS: Sexual Assault. No
More! Contact 450-699-8258

**Imprimerie Ressources
Illimitées**, 450-699-3758,
[info@ressourcesillimitées.
com](mailto:info@ressourcesillimitées.com)

